



SFILATINO, MORE THAN A PANINO!

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BREAKFAST

SFILATINO EGG SANDWICH	
<i>Novara</i> egg, ham, fontina cheese, tomato, pink sauce	11.00
<i>Assisi</i> sausage, egg, fontina cheese	11.00
<i>Catanzaro</i> egg, turkey, fontina cheese, baby spinach	11.00
<i>Messina</i> egg, ham, avocado, tomato, baby spinach	11.00

CROISSANTS	
Plain	3.00
Stuffed (nutella or jelly)	3.95
Ham, fontina cheese	4.50
Omelette (1 egg with 2 toppings included)	5.95
Egg, ham, fontina cheese	5.50
Sausage, egg, fontina cheese	6.50
Egg, goat cheese, mushrooms, baby spinach	6.00
Turkey breast, tomato, avocado, lettuce	7.95
Ham, goat cheese, black olives, baby spinach	7.95

FOCACCIA	
Tomato, mozzarella cheese	4.00
Tomato, mozzarella cheese, ham	5.00

BAGELS	
Plain	2.50
Cream cheese	3.50
Sausage, egg, fontina cheese	8.50
Smoked salmon, cream cheese	8.95

EGGS	
2 eggs (scrambled or fried) with sausage or ham	8.95
Omelette (2 eggs with 2 toppings included)	8.95
2 eggs (scrambled or fried) with avocado, tomato, onions	8.95

YOGURT	
Granola Parfait fat free yogurt, fresh fruit, granola	7.50

SALADS

<i>Lazio</i> romaine lettuce, parmesan cheese, croutons, caesar dressing	10.50
<i>Calabria</i> mixed greens, cherry tomatoes, cucumbers, black olives, goat cheese, balsamic vinaigrette	11.95
<i>Lombardia</i> mixed greens, pear, walnuts, gorgonzola cheese, balsamic vinaigrette	12.00
<i>Sicilia</i> cherry tomatoes, cucumbers, red onions, olive oil tuna, basil, croutons, red wine vinaigrette	13.00
<i>Piemonte</i> romaine lettuce, cherry tomatoes, cucumbers, corn, black olives, turkey breast, balsamic vinaigrette	13.00
<i>Toscana</i> baby spinach, cherry tomatoes, corn, black olives, grilled chicken, balsamic vinaigrette	13.00
<i>Veneto</i> baby spinach, cherry tomatoes, avocado, shaved grana padano cheese, grilled chicken, citrus dressing	14.00
<i>Puglia</i> romaine lettuce, olive oil tuna, hard boiled egg, corn, avocado, red onions, black olives, mozzarella cheese, balsamic vinaigrette	15.00
<i>Side Salad</i> romaine lettuce, cherry tomatoes, cucumbers, red onions, balsamic vinaigrette	7.00

TRAMEZZINI (classic Italian tea sandwich)

<i>Porto Cervo</i> tomato, mozzarella cheese, pesto sauce	5.00
<i>Tropea</i> olive oil tuna, tomato, capers, mayonnaise	5.95
<i>Taormina</i> smoked salmon, cream cheese	7.95

PASTA & SOUP

<i>Penne or spaghetti, marinara sauce or pesto</i>	14.50
<i>Penne or spaghetti, meatball marinara sauce</i>	16.00
<i>Penne or spaghetti carbonara</i>	16.00
<i>Penne with salmon</i> , zuchinni, red pepper, cherry tomatoes	18.00
<i>Spaghetti with spinach</i> and gorgonzola cheese	16.00
<i>Spaghetti 4 Formaggi/ 4 Cheese</i> (gorgonzola, goat cheese, parmesan, fontina cheese, and heavy cream)	17.50
<i>Gnocchi</i> with tomato sauce, basil, parmesan cheese	15.00
<i>Soup</i> (Minestrone, Lentil, or Chicken Noodle)	7.50

COLD PLATES

<i>Capri</i> tomato, mozzarella cheese, basil, extra virgin olive oil	11.00
<i>Ischia</i> bresaola, shaved grana padano cheese, baby arugula, extra virgin olive oil	13.00
<i>La Maddalena</i> smoked salmon, baby arugula, artichokes, extra virgin olive oil	14.50
<i>Panarea</i> tomato, mozzarella cheese, avocado, prosciutto crudo, extra virgin olive oil	14.50

TAGLIERI (cured meat and cheese)

<i>Cortina</i> (cured meat board, choice of 3) soppressata, prosciutto, speck, turkey, mortadella, ham, bresaola	15.50
<i>Madonna Di Campiglio</i> (cheese board, choice of 3) grana padano, fontina, gorgonzola, goat cheese, primo sale, brie, stracchino, smoked scamorza, provolone, mozzarella	15.50
<i>Dolomiti</i> choice of 2 cured meats and 2 cheeses	18.95

DESSERTS

<i>Reggio Emilia Piadina</i> nutella	6.00
<i>Ravenna Piadina</i> nutella with banana or strawberries	5.00
<i>Chocolate Cake</i> (covered almond)	5.00
<i>Torta Della Nonna</i> Cream Cake	5.00
<i>Italian Tiramisu</i>	6.00
<i>Biscotti</i>	1.00
<i>Rainbow Cookie</i> (2 pieces)	1.00

SFILATINO (8-inch Italian sandwich, regular or whole wheat)

<i>Make Your Own Sfilatino</i> choose 1 meat, 1 cheese, 1 or 2 vegetables, and 1 sauce	12.50
<i>Sfila Combo</i> half Sfilatino + half salad or soup (except Roma and Cosenza)	13.50
<i>Sfila Combo Torino</i> half Torino Sfilatino + half salad or soup	12.50

SIGNATURE	
<i>Milano</i> prosciutto crudo, stracchino cheese, baby arugula, sun dried tomatoes	13.00
<i>Como</i> prosciutto crudo, brie cheese, baby arugula, heart of palm	13.00
<i>Trento</i> speck, brie cheese, baby arugula, walnut sauce	13.00
<i>L'aquila</i> grilled chicken, brie cheese, romaine lettuce, avocado, tomato	13.00
<i>Firenze</i> bresaola, shaved grana padano cheese, baby arugula, mushrooms	13.00
<i>Reggio Calabria</i> smoked salmon, primo sale cheese, artichokes	13.50
<i>Roma</i> meatball, marinara sauce, provolone cheese, oregano	13.50
<i>Potenza</i> ham, prosciutto crudo, mozzarella cheese, tomato, artichokes sauce	15.50
<i>Torino</i> roasted prime rib, extra virgin olive oil, sea salt, black pepper	15.50
<i>Cosenza</i> prime rib, ham, mushrooms, onions, tomato, bell peppers, provolone cheese, mustard, balsamic vinegar	16.50

SPICY	
<i>Salerno</i> ham, mozzarella cheese, romaine lettuce, tomato, sfilatino sauce	12.00
<i>Perugia</i> prosciutto crudo, smoked scamorza cheese, baby arugula, mushrooms, sfi latino sauce	13.00
<i>Crotone</i> hot soppressata, smoked scamorza cheese, baby arugula, grilled eggplant, tabasco sauce	13.00
<i>Genova</i> soppressata, smoked scamorza cheese, baby arugula, sun dried tomatoes, olive sauce, sfilatino sauce	13.00
<i>Bari</i> ham, hot soppressata, goat cheese, avocado, tomato, sfilatino sauce	15.50

HOUSE'S FAVORITES	
<i>Venezia</i> brie cheese, pear, walnuts, honey	11.00
<i>Napoli</i> mortadella, provolone cheese, grilled radicchio, tonnata sauce	11.00
<i>Catania</i> grilled mortadella, goat cheese, romaine lettuce, artichoke sauce	11.00
<i>Siena</i> ham, mozzarella cheese, tomato, pesto sauce	11.00
<i>Bergamo</i> grilled eggplant, grilled bell peppers, arugula, artichoke, olive sauce	11.00
<i>Palermo</i> ham, brie cheese, romaine lettuce, tomato, artichokes sauce	12.00
<i>Aosta</i> turkey breast, hard boiled egg, romaine lettuce, tonnata sauce	12.00
<i>Ancona</i> cream cheese, tomato, onions, jalapeño, romaine lettuce, mustard	11.00
<i>Cagliari</i> olive oil tuna, mozzarella cheese, romaine lettuce, tomato, pink sauce	12.00
<i>Campobasso</i> mozzarella cheese, baby arugula, grilled eggplant, grilled zucchini, artichokes sauce	11.00
PIADINA (flat bread sandwich, regular or Whole wheat)	
<i>Riccione</i> tomato, mozzarella cheese, basil, oregano, extra virgin olive oil	11.00
<i>Parma</i> prosciutto crudo, mozzarella cheese, baby arugula	12.00
<i>Rimini</i> ham, stracchino cheese, baby arugula	12.00
<i>Piacenza</i> ham, tomato, mozzarella cheese, baby arugula	12.00
<i>Ferrara</i> grilled eggplant, grilled zucchini, grilled bell peppers, goat cheese, basil, extra virgin olive oil	11.50
<i>Milano Marittima</i> olive oil tuna, tomato, mozzarella cheese, basil, extra virgin olive oil	12.00
<i>Modena</i> bresaola, shaved grana padano cheese, baby arugula	12.00
<i>Bologna</i> grilled chicken, mozzarella cheese, tomato, avocado, jalapeño, red onions, mayonnaise	13.00

VEGETERIAN SFILATINO

add salmon 3.50 add meat 2.50 add cheese 2.00
add vegetable 1.00 add sauce 1.00

BEVERAGES

Poland Spring Water	1.50
Coca Cola, Diet Coke, Sprite, Ginger Ale	1.50
Italian Fruit Juice (peach, pear, apricot)	1.50
Tropicana (orange, apple)	2.50
SnappleTea (peach, green)	2.50
San Pellegrino (water, aranciata, limonata, chinotto)	2.50

COFFEE, HOT CHOCOLATE, HOT TEA

Hot Coffee (regular or decaffeinated)	sm* 2.55,	Ig* 3.20
Espresso	3.25	
Double Espresso	4.50	
Caffe Macchiato	3.50	
Double Caffe Macchiato	4.50	
Americano	sm* 3.50,	Ig* 4.00
Cappuccino	sm* 4.00,	Ig* 4.50
Caffe Latte	sm* 4.00,	Ig* 4.50
Iced Coffee	Ig* 3.50	
Iced Latte	Ig* 4.50	
Iced Cappuccino	Ig* 4.50	
Hot Chocolate	sm* 4.00,	Ig* 4.50
Hot Tea	3.25	
Add syrup (caramel, vanilla, chocolate, cinnamon)		0.5

