SFILATINO, MORE THAN A PANINO!

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BREAKFAST



SFILATINO EGG SANDWICH
Novara egg, ham, fontina cheese, tomato, pink sauce 12.00
Assisi sausage, egg, fontina cheese 12.00
Catanzaro egg, turkey, fontina cheese, baby spinach 12.00
Messina egg, ham, avocado, tomato, baby spinach 12.00



CROISSANTS
Plain 3.25
Stuffed (nutella or jelly) 3.95
Ham, fontina cheese 5.00
Omelette (1 egg with 2 toppings included) 6.00
Egg, ham, fontina cheese 6.00
Sausage, egg, fontina cheese 6.50
Egg, goat cheese, mushrooms, baby spinach Ⓥ 6.00
Turkey breast, tomato, avocado, lettuce 7.95
Ham, goat cheese, black olives, baby spinach 7.95



FOCACCIA
Tomato, mozzarella cheese Ⓥ 4.75
Tomato, mozzarella cheese, ham 5.75



BAGELS
Plain 2.50
Cream cheese 3.50
Sausage, egg, fontina cheese 8.50
Smoked salmon, cream cheese 8.95



EGGS
2 eggs (scrambled or fried) with sausage or ham 8.95
Omelette (2 eggs with 2 toppings included) 8.95
2 eggs (scrambled or fried) with avocado, tomato, onions 8.95

YOGURT
Granola Parfait fat free yogurt, fresh fruit, granola Ⓥ 8.50

SALADS

Lazio romaine lettuce, parmesan cheese, croutons, caesar dressing Ⓥ 11.50
Calabria mixed greens, cherry tomatoes, cucumbers, black olives, goat cheese, balsamic vinaigrette Ⓥ 11.95
Lombardia mixed greens, pear, walnuts, gorgonzola cheese, balsamic vinaigrette Ⓥ 12.00
Sicilia cherry tomatoes, cucumbers, red onions, olive oil tuna, basil, croutons, red wine vinaigrette 13.00
Piemonte romaine lettuce, cherry tomatoes, cucumbers, corn, black olives, turkey breast, balsamic vinaigrette 13.75
Toscana baby spinach, cherry tomatoes, corn, black olives, grilled chicken,balsamic vinaigrette 13.75
Veneto baby spinach, cherry tomatoes, avocado, shaved grana padano cheese,grilled chicken, citrus dressing 14.00
Puglia romaine lettuce, olive oil tuna, hard boiled egg, corn, avocado, red onions,black olives, mozzarella cheese, balsamic vinaigrette 15.00
Side Salad romaine lettuce, cherry tomatoes, cucumbers, red onions, balsamic vinaigrette Ⓥ 7.50





TRAMEZZINI (classic Italian tea sandwich)



Porto Cervo tomato, mozzarella cheese, pesto sauce Ⓥ 5.00
Tropea olive oil tuna, tomato, capers, mayonnaise 5.95
Taormina smoked salmon, cream cheese 7.95

PASTA & SOUP



Penne or spaghetti, marinara sauce or pesto 14.50
Penne or spaghetti, meatball marinara sauce 16.00
Penne or spaghetti carbonara 16.00
Penne with salmon, zuchinni, red pepper, cherry tomatoes 18.00
Spaghetti with spinach and gorgonzola cheese Ⓥ 16.00
Spaghetti 4 Formaggi/ 4 Cheese (gorgonzola, goat cheese, parmesan, fontina cheese, and heavy cream) 17.50
Gnocchi with tomato sauce, basil, parmesan cheese Ⓥ 15.00
Soup (Minestrone, Lentil, or Chicken Noodle) 7.50



COLD PLATES

Capri tomato, mozzarella cheese, basil, extra virgin olive oil Ⓥ 11.00
Ischia bresaola, shaved grana padano cheese, baby arugula, extra virgin olive oil 14.00
La Maddalena smoked salmon, baby arugula, artichokes, extra virgin olive oil 14.50
Panarea tomato, mozzarella cheese, avocado, prosciutto crudo, extra virgin olive oil 15.00



TAGLIERI (cured meat and cheese)

Cortina (cured meat board, choice of 3) soppressata, prosciutto, speck, turkey, mortadella, ham, bresaola 16.50
Madonna DI Campiglio (cheese board, choice of 3) grana padano, fontina, gorgonzola, goat cheese, primo sale, brie, stracchino, smoked scamorza, provolone, mozzarella 15.50
Dolomiti choice of 2 cured meats and 2 cheeses 19.00



DESSERTS

Reggio Emilia Piadina nutella 6.00
Ravenna Piadina nutella with banana or strawberries 5.00
Chocolate Cake (covered almond) 5.00
Torta Della Nonna Cream Cake 5.00
Italian Tiramisu 6.00
Biscotti 1.00
Rainbow Cookie (2 pieces) 1.00



SFILATINO

(8-inch Italian sandwich, regular or whole wheat)



Make Your Own Sfilatino choose 1 meat, 1 cheese, 1 or 2 vegetables, and 1 sauce 13.00
Sfila Combo half Sfilatino + half salad or soup (except Roma and Cosenza) 13.50
Sfila Combo Torino half Torino Sfilatino + half salad or soup 13.50

SIGNATURE



Milano prosciutto crudo, stracchino cheese, baby arugula, sun dried tomatoes 13.75
Como prosciutto crudo, brie cheese, baby arugula, heart of palm 13.75
Trento speck, brie cheese, baby arugula, walnut sauce 13.75
L'aquila grilled chicken, brie cheese, romaine lettuce, avocado, tomato 13.75
Firenze bresaola, shaved grana padano cheese, baby arugula, mushrooms 13.75
Reggio Calabria smoked salmon, primo sale cheese, artichokes 13.75
Roma meatball, marinara sauce, provolone cheese, oregano 13.75
Potenza ham, prosciutto crudo, mozzarella cheese, tomato, artichokes sauce 15.75
Torino roasted prime rib, extra virgin olive oil, sea salt, black pepper 15.75
Cosenza prime rib, ham, mushrooms, onions, tomato, bell peppers, provolone cheese, mustard, balsamic vinegar 16.75



SPICY



Salerno ham, mozzarella cheese, romaine lettuce, tomato, sfilatino sauce 13.00
Perugia prosciutto crudo, smoked scamorza cheese, baby arugula, mushrooms, sfi latino sauce 13.75
Crotone hot soppressata, smoked scamorza cheese, baby arugula, grilled eggplant, tabasco sauce 13.75
Genova soppressata, smoked scamorza cheese, baby arugula, sun dried tomatoes, olive sauce, sfilatino sauce 13.75
Bari ham, hot soppressata, goat cheese, avocado, tomato, sfilatino sauce 15.75



HOUSE'S FAVORITES



Venezia brie cheese, pear, walnuts, honey Ⓥ 12.00
Napoli mortadella, provolone cheese, grilled radicchio, tonnata sauce 12.00
Catania grilled mortadella, goat cheese, romaine lettuce, artichoke sauce 12.00
Siena ham, mozzarella cheese, tomato, pesto sauce 12.00
Bergamo grilled eggplant, grilled bell peppers, arugula, artichoke, olive sauce Ⓥ 12.00
Palermo ham, brie cheese, romaine lettuce, tomato, artichokes sauce 12.00
Aosta turkey breast, hard boiled egg, romaine lettuce, tonnata sauce 13.00
Ancona cream cheese, tomato, onions, jalapeño, romaine lettuce, mustard Ⓥ 12.00
Cagliari olive oil tuna, mozzarella cheese, romaine lettuce, tomato, pink sauce 13.00
Campobasso mozzarella cheese, baby arugula, grilled eggplant, grilled zucchini, artichokes sauce Ⓥ 12.00



PIADINA (flat bread sandwich, regular or Whole wheat)



Riccione tomato, mozzarella cheese, basil, oregano, extra virgin olive oil Ⓥ 12.00
Parma prosciutto crudo, mozzarella cheese, baby arugula 13.00
Rimini ham, stracchino cheese, baby arugula 13.00
Piacenza ham, tomato, mozzarella cheese, baby arugula 13.00
Ferrara grilled eggplant, grilled zucchini, grilled bell peppers, goat cheese, basil, extra virgin olive oil Ⓥ 12.00
Milano Marittima olive oil tuna, tomato, mozzarella cheese, basil, extra virgin olive oil 13.00
Modena bresaola, shaved grana padano cheese, baby arugula 13.00
Bologna grilled chicken, mozzarella cheese, tomato, avocado, jalapeño, red onions, mayonnaise 13.75

Ⓥ VEGETERIAN SFILATINO

add salmon 3.50 add meat 2.75 add cheese 2.00
add vegetable 1.50 add sauce 1.00

BEVERAGES



Poland Spring Water 1.50
Coca Cola, Diet Coke, Sprite, Ginger Ale 1.50
Italian Fruit Juice (peach, pear, apricot) 1.50
Tropicana (orange, apple) 2.50
SnappleTea (peach, green) 2.50
San Pellegrino (water, aranciata, limonata, chinotto) 2.50

COFFEE, HOT CHOCOLATE, HOT TEA



Hot Coffee (regular or decaffeinated)	sm* 2.55,	lg* 3.20
Espresso	3.25	
Double Espresso	4.50	
Caffe Macchiato	3.50	
Double Caffe Macchiato	4.50	
Americano	sm* 3.50,	lg* 4.00
Cappuccino	sm* 4.00,	lg* 4.50
Caffe Latte	sm* 4.00,	lg* 4.50
Iced Coffee	lg* 3.50	
Iced Latte	lg* 4.50	
Iced Cappuccino	lg* 4.50	
Hot Chocolate	sm* 4.00,	lg* 4.50
Hot Tea	3.25	

Add syrup (caramel, vanilla, chocolate, cinnamon) 0.5

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